Marquette Area Autism Resource Guide



Marquette Area Autism Resource Guide

This guide is a product of the Marquette Area Autism Summit held January 20, 2012 at the Marquette Women's Federated Club. The summit was organized by Ellen Moore, Kate Kenney, Barb Nelson and Pam Kimble and attended by the following:

Luanne Peterson, MARESA, Dir. Of Special Education

Ann Gendron, Early On Co-coordinator

Dr. Laura Reissner, NMU Department of Education

Sarah Peura, SAIL/SPAR

Kirsten Matthews, OT, sensory processing certified

Mary Swift, Recipient Rights Supervisor, Pathways

Peter Holliday, Director Student Support Services, NMU

Karin Hansard, SEPAC president, Lose the training wheels coordinator

Nancy Conklin, Ishpeming Special Ed. Coordinator

Tara Gluski, Bay Human Services

Steve Lindberg, Michigan House of Representatives

U.S. Senator Debbie Stabenow's representative, Kane Beauchamp.

Discussion and suggestions from summit attendees were used to compile this guide.

Production of this guide was overseen by Ellen Moore, founder of the Marquette Area Autism Spectrum Support Group. Final decisions of what to include were made by her alone. Inclusion of a service in the guide does not mean that service has the approval or recommendation of the summit attendees or the organizational committee. Any additions or corrections to this guide may be sent to Ellen Moore at marquetteasd@gmail.com. The most current version of this guide is available for download at http://marquetteasdsupport.blogspot.com/

Table of Contents

Comprehensive Resources	1
Advocacy	3
Early Childhood Services	4
Health Services	5
Out-patient Therapy	5
Support Groups	6
School-based Services	6
Recreation and Leisure Activities	9
Family Supports	10
Transition, Employment and Adult Training	11
Housing Options	12
Services Pending	12
Resource Needs	13

Comprehensive Resources:

Pathways

Pathways services are comprehensive for children and adults who qualify. They include case management and supports coordination services. The initial assessment is followed by an Individualized Plan of Service.

Speech, Behavior, and Occupational Therapy services are available based on individual needs. These services include assessment, treatment plan development, treatment plan monitoring, family training, and skill building.

Other services include outpatient therapy, community living supports, respite, vocational services, out of home non-vocational services, adult drop-in center, and psychiatric evaluation and medication review.

<u>To Access Services</u>: Please call 1-888-906-9060. This is a confidential call in which you will be asked questions by a professional clinician. Based on your needs, you may be scheduled for an assessment at Pathways or you will receive information about resources that are available in your community.

Marquette County:

200 West Spring, Street, Marquette, MI. 49855 (906) 225-1181, fax (906) 225-7204

Alger County:

601 West Superior Street, Munising, MI. 49862 (906) 387-3611, fax (906) 387-4212

Crisis support line: (888) 728-4929

http://www.pathwaysup.org

MARESA (Marquette Alger Regional Education Service Agency)

MARESA is the local Regional Education Service Agency (RESA) and serves as the local Intermediate School District, or ISD. It supports all the local school districts in Marquette and Alger counties, providing services such as special education training and expertise that might not be available in the smaller districts, and it provides programs such as Early On (Michigan's birth to three program), and Transition I and II programs as children approach high school completion.

Early On

226-5154, http://1800earlyon.org/

Early On assists families with infants and toddlers, from birth until they turn 36 months or 3 years of age, who may be experiencing delays in their development or if they have a

diagnosed disability. Anyone can refer a child to Early On, including a parent. Early On staff can provide screening to see if there is a need for services (they do not diagnose). They can provide in-home therapy if there is a need and other supports such as a weekly playgroup and referrals to other agencies as needed. Weekly playgroups are scheduled throughout the year in Marquette and Negaunee.

SEPAC (Special Education Parent Advisory Committee)

Parents have a voice in MARESA through SEPAC. They meet monthly 10 months of the year with the MARESA's Superintendent of Special Education and a member of the MARESA board of education. Twice a year, SEPAC produces a newsletter that goes to all parents of a child with an IEP. They provide to support and organize events for families. Most meetings feature a guest speaker.

Autism Consultant

The autism consultant observes children in the classroom and provides support and resources to parents and educators.

Transition Programs

MARESA offers two transition programs for eligible students ages 14-26 to help ease the transition from student to adult living. These programs include job training and placement, life skills, and vocational guidance.

Sports Camp

The U.P. Sports Training Camp provides a five-day residential camp experience for children with special needs in Marquette and Alger Counties. Preference is given to prior *Sports Training Camp* participants and to youth who meet special education eligibility, are between 10-26 years of age at the beginning of camp, and who have been ineligible or unable to attend another summer camp. Free to Marquette –Alger students who meet special education eligibility.

SAIL (Superior Alliance for Independent Living)

SAIL offers comprehensive services to adults with disabilities and their family members. Recreation programs are for both adults and children. SAIL also offers referrals for services they are not able to provide in-house. They can assist with the following:

Employment: Entering the workforce or returning to work after an injury.

<u>Housing</u>: Finding affordable, accessible housing.

<u>Transportation</u>: Identifying transit solutions to get to work, medical appointments, grocery shopping, or social activities.

<u>SSI/SSDI</u>: Navigating the system by helping individuals with disabilities fill out all the paperwork needed to receive the public assistance to which they are entitled.

<u>Education/Transition</u>: Connecting high school students with topics such as disability awareness, self-advocacy, problem solving, self-esteem, social skills, learning preferences, and career exploration through SAIL's LIFE (Learning Independence From Experience) program.

<u>Community Support</u>: Securing services and supports to live as independently as possible in the community. Partnering with Wayne State's Developmental Disabilities Institute, SAIL has trained two Community Liaisons for the Michigan Family Support Initiative. More information at http://ddi.wayne.edu/mfsi.php.

<u>Assistive Technology</u>: Matching individuals with technology to increase or maintain independence and assisting with acquiring funding for technology.

<u>Recreation</u>: Assisting individuals of all ages with social and recreational activities in the community through the **SPAR** (Single Point for Activities and Recreation) program. SPAR activities include but are not limited to adaptive cross country skiing, dances, movies, kayaking, fishing, cooking classes, bowling and art classes.

Individuals interested in receiving quarterly newsletters can call or sign-up online.

1200 Wright St., Ste 3, Marquette, MI 49855

Phone/TTY: 906-228-5744, 800-399-7245, Fax: 906-228-5573

http://www.upsail.com

Advocacy

Great Start Collaborative

The purpose of the Great Start Collaborative is to assure a coordinated system of community resources and supports and to assist all families in Marquette and Alger Counties in providing a "great start" for their children from pre-birth through age five.

Core responsibilities of the collaborative include: Enhancing existing early childhood collaboration and coordination; engaging parents, schools, businesses, faith-based organizations, state agencies and other stakeholders in the planning, implementation and coordination of services; promoting community awareness of early childhood issues; and advocating for quality early childhood programs and services.

ASQ (Ages and Stages Questionnaire)

Free online developmental screening tool for children from birth to five.

<u>Playgroups</u> that are staffed by child development specialists are offered in Ishpeming, Nice, Gwinn, Superior Central and Wells School Districts. Call 226-5247 for the playgroup schedule.

104 Coles Drive, Suite F, Marquette, MI 49855

906-228-3362 OR 877-614-7328

www.greatstartma.org/

Marquette-Alger Resolution Service

Marquette-Alger Resolution Service contracts with the <u>Michigan Special Education Mediation Program</u>. Their volunteer mediators serve as neutral facilitators to help resolve issues that arise between the schools and families. There are no fees for the school or parents for Special Ed mediation or IEP facilitation.

715 W. Washington Street, Suite A, Marquette, MI 49855 (906)226-8600 or (800)873-7658

http://www.marsmediation.org

Office of Financial and Insurance Regulation

OFIR is the State of Michigan agency responsible for regulating Michigan's insurance companies. The agency is dedicated to protecting Michigan consumers by ensuring the companies that it regulates are safe and sound, follow state and federal law, and are entitled to the public confidence.

OFIR Consumer Hotline 877-999-6442

http://www.michigan.gov/lara/0,1607,7-154-10555---,00.html

RICC (Regional Interagency Consumer Committee)

Funded through the Michigan Developmental Disabilities Council, A RICC is a local, grassroots, group of people with developmental disabilities, their friends and family members. RICCs have four main functions: (1) to provide a forum for addressing local issues; (2) to outreach to diverse populations of people with developmental disabilities and their families; (3) advocating for needed changes in the community, and (4) to inform the DD Council about local conditions for persons with developmental disabilities. http://www.michigan.gov/mdch/0,4612,7-132-2941_4868_4897-14646--,00.html Marquette/Alger RICC meets 2nd Thursday of the month from 1:00-3:00pm. Location: Call SAIL @ 228-5744 for location as it varies, Contact: Sarah Peura.

Early Childhood Services

AMCAB

Amcab is a local Community Action Agency serving residents of Alger and Marquette Counties in Michigan's Upper Peninsula. Amcab provides a wide array of human services that are funded by federal, state and local governments including

- Childcare Partnerships
- Early Head Start
- Head Start
- Michigan School Readiness

1125 Commerce Drive, Marquette, MI 49855

Phone: (906) 228-6522 or (800) 562-9762, Fax: (888) 906-7488

http://www.amcab.org/

Early On (see MARESA p. 1)

Health Services

Dentist:

Marquette Pediatric Dentistry
Dr. Erika Tyler
1025 N. Third Street, Marquette, MI 49855
906-226-3600

Marquette General Hospital, Specialty Clinics

Phone: (906) 225-4777, (800) 562-9753, Ext. 4777 http://ww4.mgh.org/wcc/SitePages/Speciality%20Clinics.aspx

Developmental / Multidisciplinary Assessment Clinic

- Serves children experiencing developmental delays or problems involving learning, behavior and/or development.
- Staffed by a pediatrician with special clinical interest in developmental/behavioral pediatrics, a nurse, and other team members as needed, including a physical therapist, occupational therapist, speech/language therapist and psychologist.
- Offered two to four times a month.

Genetics Clinic

- Staffed by a team from the University of Michigan that includes a medical geneticist and a genetic counselor.
- Offered three times a year.

Outpatient Therapy

Rehabilitation Services, Pediatric Therapy at Bell Teal Lake

1-906-486-4431 | 1-800-258-8594

Occupational Therapists (OT)

Kirsten Matthews, MA, OTRL, USC/WPS Certified in Sensory Integration Joanna Nicholas, OTRL, USC/WPS Certified in Sensory Integration

Speech Language Pathologists (SLP) Katherine Kenney, MA, CCC-SLP Jayne Beall, MA, CCC-SLP

Physical Therapist (PT)
Dawn Gregory

Milestones and Mobility Center

Pediatric Physical Therapy (PT)
Susan Parker P.T. ATP
1414 W. Foir Avg. Suita 248 Marguetta MI 40

1414 W. Fair Ave., Suite 348, Marquette, MI 49855

Ph: 906-225-7960, Fax: 906-225-7983

saparker@penmed.com, www.milestonesandmobilitycenter.com

Clinical Pyschologists:

Dr. Karl Hill 107 W. Main St., Marquette, MI 49855 (906) 361-3985

Dr. Ralph Olson Background in clinical Applied Behavioral Analysis, formerly of Pathways. 220 W. Washington, Ste 420, Marquette, MI 49855 225-5462

Dr. Gary Wautier Behavioral Health Department, Marquette General Hospital Marquette, MI 225-3985

Pathways: Outpatient OT, Speech, Applied Behavioral Analysis (see p. 1)

Support groups

Marquette Area Autism Spectrum Support Group

http://marquetteasdsupport.blogspot.com/

An independent, grassroots support group that looks to the needs of the Marquette autism community. Support meetings are held periodically at the Peter White Public Library and often include a guest speaker. Events sponsored by this group have included playtime at the children's museum, family picnic at a local park, sensory friendly films at Peter White Public Library, and autism awareness movie in April.

SEPAC (Special Education Parent Advisory Council) (See MARESA p. 2)

School-based Services

Children ages 3 through high school graduation or age 26 (whichever comes first) are eligible for evaluation and individualized accommodations as needed through their local school district. Needs are determined through the IEP (Individual Education Plan) process.

Young children may be eligible for an ECDD (Early Childhood Developmentally Delayed) preschool program.

Accommodations may include the following: social skills and pragmatics training with a Speech Language Pathologist, Occupational Therapy, sensory breaks in a resource room, one on one aid, extra time for completing assignments.

The contact information for the Special Education Coordinators for each local school district in the Marquette-Alger county region is as follows:

Autrain-Onota Public Schools

Special Education: Mary Jane Helton

P.O. Box 105, N8790 Deerton Road, Deerton, MI 49822

Telephone: (906)-343-6632, Fax: (906)-343-6633

http://autrainonota.maresa.k12.mi.us/

Burt Township Schools

Superintendent: Penney Barney

P.O. Box 338, Colwell Ave., Grand Marais, MI 49839

Telephone: (906)-494-2521 or (906)-494-2543, Fax: (906)-494-2522

http://grandmaraisschools.org/?page id=989

Gwinn Area Community Schools

Special Education: Kristen Peterson 50 W. M – 35, Gwinn, MI 49841

Telephone: (906)-346-9283, Fax: (906)-346-3616

http://www.gwinn.k12.mi.us

Ishpeming Public Schools

Special Education: (906) 485-1066 ext. 111 319 E. Division Street, Ishpeming, MI 49849 Telephone: (906)-485-5501, Fax: (906)-485-1422

http://www.ishpemingschools.org

Marquette Area Public Schools

Special Education: Sandra Barnes 225-4206 1201 W. Fair Ave, Marquette, MI 49855

Telephone: (906)-225-4400, Fax: (906)-225-5340

http://www.mapsnet.org/DistrictDepartments/SpecialEducation.aspx

Munising Public Schools

810 M-28 West Suite B, Munising, MI 49862 Telephone: (906)-387-2251, Fax: (906)-387-5416

http://www.mps-up.com

Negaunee Public Schools

Kellie Boase, Coordinator of Special Education Programs 906-475-7842

101 South Pioneer Avenue, Negaunee, MI 49866 Telephone: (906)-475-4157, Fax: (906)-475-5107

http://www.negaunee.k12.mi.us/

NICE Community Schools

Tonya Perry, Special Ed Coordinator, (906) 485-3176

300 Westwood Drive, Ishpeming MI 49849

Telephone: (906) 485-1021, Fax: (906)-485-4095

http://www.nice.k12.mi.us

North Star Academy

Chief Executive Officer: Karen Anderson

Gene Champagne, Special Education, Telephone: 906-226-0156 X 40

3030 Wright St., Marquette, MI 49855

Telephone: (906) 226-0156, Fax: (906) 226-0167

http://www.nsacd.com

Powell Township School District

Superintendent: Sam Oslund

101 Deutsch Ave./ PO Box 150, Big Bay, MI 49808 Telephone: (906)-345-9355, Fax: (906)-345-936

http://powell.maresa.k12.mi.us/

Republic-Michigamme Schools

Superintendent: Paul Currie

Special Education: Emily Harmon 227 Maple Street, Republic, MI 49879

Telephone: (906)-376-2277, Fax: (906)-376-8299

https://sites.google.com/site/republicmichigammeschools/

Superior Central School District

Superintendent: Pamela Morris

P.O. Box 148, E2865 Highway 94, Eben Junction, MI 49825

Telephone: (906)-439-5531, Fax: (906)-439-5734

http://www.superiorcentralschools.org

Wells Township School District

School Administrator: Jackie Cole P.O. Box 28, Arnold, MI 49819

Telephone: (906)-238-4200, Fax: (906)-238-4200

http://wells.maresa.k12.mi.us/

Recreation and Leisure Activities

Young Athletes

A developmentally appropriate play program for children with special needs ages two to eight and their families. Meets at Sandy Knoll Gymnasium from 6:30-7:30 on scheduled Monday evenings during the school year.

Contact Heidi Dougan 225-4322 or Barb Nelson 226-5176 for more information.

Willow Farm Therapeutic Riding

Group riding and individual hippotherapy sessions available during spring and fall for youth ages 4-26 5048 U.S. 41 South
Marquette, MI 49855 906-228-4666
http://www.wftriding.org

SPAR (See SAIL p.3)

Early On Playgroup through (see MARESA p.1)

Great Start Playgroups (see Great Start p.4)

Lose the Training Wheels

Lose the Training Wheels (LTTW) is a week-long bike camp that teaches children and adults with special-needs how to ride a conventional two wheel bike without training wheels. The bike camp has been held in the U.P. for several years and has been a huge success each year with about 95% of the bikers riding a two wheel bike independently by the end of the camp. Bike camp for 2012 will be held June 11-15, 2012 at the Lakeview Arena. Information and registration is available online. http://losethetrainingwheelsmqt.org/

http://losethetranningwheelshiqt.org/

Superioland Aktion Club

(Kiwanis program) run like a regular Kiwanis club by people with disabilities—they do their own fundraising and select causes in the community they wish to support. They meet the 1st and 3rd Thursday of the month from 1:30-2:30pm in Marquette. Contact: Elicia Herkert @ SAIL 228-5744

YMCA of Marquette County Special Needs classes

Gymnastics for children ages 3-6, karate, and swimming for ages 3 and up. Call program director at 227-9622 for more information. 1420 Pine Street, Marquette, MI 49855

Sports training camp (ages 10-26) (see MARESA p.2)

Lake Superior Theatre Drama and Dreams Playscape Summer Camp

The camp is designed to help children, ages 8-14, work on socialization and communication skills as they learn about theatre, costume and set design, stage make-up, facial expression, voice projection, team building and leadership. Dates for 2012 are August 20-23. The cost is \$40 per camper, with some scholarships available. For more information and to enroll, contact the staff at the City of Marquette Arts and Culture Center: (906) 228-0472 or arts@mqtcty.org.

Camp R.E.A.C.T.

This weekend-long camping experience for children on the autism spectrum is organized by the Eastern Upper Peninsula ISD and held each May at Bay Cliff Health Camp. The cost is \$65 each per camper and per staff person. A staff person who is already familiar with that camper's needs must accompany each camper. For more information contact Tim Bradley at 906-687-2356 or Bay Cliff Health Camp P.O. Box 310, Big Bay, MI 49808 • (906) 345-9314 • Fax (906) 345-9890 • baycliff@baycliff.org • www.baycliff.org

Family Supports

Sibshops, Marquette General Hospital Women's and Children's Center

Brothers and sisters of children with autism and other special needs meet monthly and talk with each other. They'll have an opportunity to talk about the good and not-so-good parts of having a sibling with a disability. At *Sibshops*, siblings will share these complex feelings with others who truly understand. Most importantly though, *Sibshops* are fun! Participants play new games, cook lunches, and make new friends. Small participation fee. For more information call: 906-225-3081.

Michigan Dept. of Community Health:

http://www.michigan.gov/mdch/0,4612,7-132-2941_4868_7145---,00.html

Has a number of programs to help families. Some are based more on income and some are based more on the severity of the disability. Resource information includes specifics on who qualifies for subsidies to parents and other resources such as respite for parents who don't otherwise qualify for their services, and Insurance Advocacy for home-based programs.

Below is some of the information found there:

The <u>Family Support Subsidy</u> (FSS) Program provides financial assistance to families that include a child with severe developmental disabilities. The intent is to help make it possible for children with developmental disabilities to remain with or return to their birth or adoptive families. The program provides a monthly payment of \$222.11. Families are able to use this money for special expenses incurred while caring for their child.

Qualifications:

- Child must be younger than 18 years of age and live in the family home in Michigan.
- The family's most recently filed Michigan income tax form must show a taxable income of \$60,000 or less.
- The Multidisciplinary Evaluation Team of the local public or intermediate school district must recommend the child for an educational eligibility category of severe cognitive impairment, severe multiple impairment or autism spectrum disorder. Children with autism spectrum disorder must be receiving special education services in a program for students with autism spectrum disorder or in a program for students with severe cognitive impairment or severe multiple impairments.

The <u>Children's Waiver Program</u> (CWP) is a federal entitlement program that provides Medicaid funded home and community-based services to children (under age 18) who are eligible for, and at risk of, placement into an Intermediate Care Facility for the Mentally Retarded (ICF/MR).

Transition, Employment and Adult Training

Transition I & II (see MARESA p.2)

L.I.F.E. program (see SAIL p.3)

Pathways (see p.1)

Michigan Rehab Services (MRS)

MRS works with eligible customers and employers to achieve quality employment outcomes and independence for individuals with disabilities.

Marquette Main MRS Office

1498 O'Dovero Drive, Suite A, Marquette, MI 49855

906-226-6578, 800-562-7860 (Toll Free), 906-226-6458 (TTY/Voice)

http://www.michigan.gov/lara/0,4601,7-154-25392 40237 40239-15709--,00.html

Michigan Works

1498 O'Dovero Dr., Marquette, MI 49855 Phone: (906) 228-3075, Fax: (906) 228-4372

http://michiganworks.org

Northern Michigan University Disability Services

NMU can help direct its students with autism through their disability services department (part of Student Support Services). They offer tutors, advising and special outings to help integrate these students into the college experience.

2001 C.B. Hedgcock, 1401 Presque Isle Avenue, Marquette, MI 49855

Phone: 906-227-1700, Fax: 906-227-1714

E-mail: disserv@nmu.edu, Web: http://webb.nmu.edu/DisabilityServices/

Housing Options

LARC (Living as a Real Community) Marquette

A community of supported living homes for adults with developmental disabilities. The structure of each home consists of residents who pay monthly rent and housing expenses, and full time assistants. Residents and assistants share in the daily planning and decision making for the home.

PO Box 487, Marquette, MI 49855

http://www.larcmarquette.org/

Sundara Non-profit Housing Corp.

401 Lincoln Ave, Marquette, MI 49855 Tel: (906) 225-0848

Bay Human Services

Contracts with Pathways to provide housing options and independent living training 119 W. Baraga Ave., Marquette, MI 49855 273-1198

Adult Learning Systems U.P.

Contracts with Pathways to provide housing options and independent living training 290 Rublein St. Suite F, Marquette, MI 49855 (906)228-7370

http://www.adultlearningsystemsup.com

Services Pending (check back later this year or next)

Great Lakes Recovery

This organization is looking to expand their services to include comprehensive autism resources.

Peer to Peer supports in the schools have been approved but still need to be established.

Lakestate State Industries

This company currently employs well over a hundred people in Delta county who would otherwise have barriers to employment. Currently they are looking to expand their business into Marquette. If you are interested in helping to make this happen, contact Cheryl at cherylo@laketateindustires.org.

P.O. Box 279 1830 N. 21ST Street Escanaba, MI 49829 906/786-9212.

http://www.lakestateindustries.org/

Resource Needs

The Autism Summit not only identified existing resources, but also those we would like to see added to our community. If you are a professional interested in expanding services in this community, we invite you to become involved in the Marquette Area Autism Support Group and to consider the following needs:

Funding for services other than Medicaid

Advocacy

Increased awareness

Education/Awareness within Medical field

Training for parents

Identify websites/services to outlying areas

Knowledge of how to work system (such as 2nd opinion option at Pathways)

Summer programs

Daycare

Training for community service providers

Baycliff summer camp

PALS @Pathways (reinstate)

Programs for kids ages 4-8 and 12-16

Additional support for community services

Create appropriate staffing ratio for programs that want to be inclusive

Training for aides

Employment opportunities

Transportation

Training for employers on how to utilize individuals with ASD

Community living supports

Housing options

Opportunities for productive living

Medical transition

Tracking system through local law enforcement

Life planning for special needs